



BIO (SHORT)

Dr Tracie O'Keefe DCH, BHSc, The Queen of Change

Tracie O'Keefe is Australia's leading expert in rapid behavioural change. She's helped thousands of people to overcome challenges and turn their lives around – fast.

An extraordinary professional life that has spanned several fields over four decades led Tracie to where she is today: an internationally recognised and qualified clinical hypnotherapist, psychotherapist, counsellor, couples and family counsellor, sex therapist, naturopath, medical herbalist, medical nutritionist, body worker, aesthetician, business coach and director of the Australian Health and Education Centre.



Tracie specialises in helping people recover from crisis or trauma – fast. She has worked with over 20,000 people face to face in her clinics in London and Sydney, including private and corporate clients and is an acclaimed author, researcher and trainer. Her wide breadth of knowledge on natural medicine and human behavioural change is flavoured with a compassionate yet straight-talking approach and an abundance of humour.

www.doctorok.com

www.tracieokeefe.com

www.healtheducationcentre.com

www.linkedin.com/in/tracieokeefe

www.youtube.com/user/TracieOKeefe

www.twitter.com/doctortracie

www.facebook.com/tracieokeefe

<https://plus.google.com/107979270751157444754/posts>

Media enquiries & bookings:

Call Katrina Fox on 0404 089 045 (Australian mobile)

Or email katrina@doctorok.com